

# BUDGETING 101

Your monthly income =

## Bills:

Rent: \$

Water: \$

Electric: \$

Cable/Internet: \$

## Living

## Expenses:


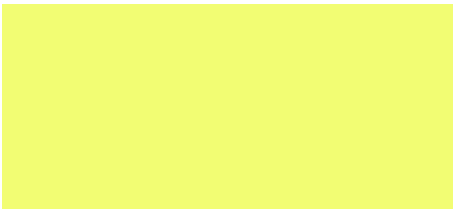
Groceries: \$

Gas: \$

## Self Care:

## Social:

Start with your monthly income:

	\$	
-		
Bills Total:	\$	<hr/>
	-	
Living Expenses:	\$	<hr/>
	-	
Self Care Total:	\$	<hr/>
	-	
Social Total:	\$	<hr/>
		

The number left in the yellow square is the ***minimum amount of money you need each month***. This number should only be around **2/3rd** of your monthly income. You want to make sure that after everything is paid you have money left to put into savings, or to have in case of an emergency.

Let's make sure you aren't spending too much money each month.

$$\begin{array}{r} \$ \text{ [green box]} \\ \times \quad .66 \\ \hline \text{[red box]} \end{array}$$

The number in the red box is equal to 2/3rd of your paycheck.

Are the numbers in the yellow box and the red box close?

**If your minimum amount of monthly money is not equal to or less than 2/3rd of your monthly income, return to the first page and see where you can make adjustments to your budget.**